

First Birthday Fun and Flutters at The Power Station!

Among the myriad of activities taking place at the Power Station in Cwmbran's First Birthday Party perhaps one of the most colourful was the Belly Dancing!

Siluria (AKA Rachel Jones - TVA/RISE Development officer) did several demonstrations, helped and supported by TCBC's own Donna Powell, who has been studying with Rachel for 5 years.



Donna shows some nifty veilwork

Dances included stick dancing (popular with the children....),



Siluria in a balanced mood



Children having fun with sticks!

... elegant veil and daring sword dances.





Rachel and her fellows perform throughout South Wales and Rachel teaches workshops and regular classes.

To find out more contact rachel@torfaenvoluntaryalliance.org.uk 07738455533